

Planners Comments

An overall small area with a significant amount without features meant limits to course lengths and twists and turns for most.

Blue was the longest course we could accommodate and it, along with Night Long and Green, had 2 parts.

I tried where possible not to take competitors along the same routes on each part though that did mean at least one very simple, short (boring?) path run.

I avoided legs across the old railway cutting in the NE - very steep sided and in the dark or with icy conditions would have been dangerous.

The overall technical difficulty of the area is not high but I hope you enjoyed a good run around and did not get too dizzy!

Juliet Morgan.